



West Jesmond Primary Newsletter 6 Autumn Term 2024



Dear Children, Parents and Carers,

World Mental Health Day

We have been talking with our children about Mental Health this week and how we can use some different strategies to support our well-being. In two of our assemblies, we played Wellbeing Bingo and discussed some of the simple things that can sometimes help us such as being outside, exercise, dancing, singing with others (or in the shower!), reading, drawing, laughing.... Thank you for your support on Thursday in making our school look very bright with all the yellow clothes and thank you to everyone who sent money to the Young Minds Just Giving page. Year 3 wanted to share some of their activities on World Mental Health Day.



'We talked about the importance of looking after our mental wellbeing just as much as we look after our physical health. We made wellbeing chatterboxes to help us talk about strategies to improve our mental health. Ask us to show you them!'



Well Done West Jesmond Fundraisers and Congratulations Mrs Adair

This afternoon, two Year 6 representatives along with Mrs Oades and Mrs Adair, had a brilliant afternoon attending the Children's Cancer Run presentation. We were very proud to be presented with our fundraising certificate for this year, hold the cheque for the total amount raised and receive two very special extra awards. As a school, we were also awarded The Sandy Weir Memorial Trophy, which is awarded to a school each year that has gone above and beyond in their efforts. Mrs Adair was awarded the Sir Alan Craft Award, to recognise her outstanding contributions to the Children's cancer run, over many, many years.



Headteacher: Matt Ward

Deputy Headteacher: Tom Jones

West Jesmond Primary School, Tankerville Terrace,
Newcastle-upon-Tyne, NE2 3AJ

☎ (0191) 2810000 ✉ office@westjesmond.newcastle.sch.uk

🌐 www.westjesmondprimary.org.uk



The People's Kitchen Donations Collection 14th-18th October

At WJPS, we are very proud to frequently hold food collections in school to support our local foodbanks. We demonstrate the importance of our key values of Kindness and Inclusivity as well as involving ourselves in our community and understanding the differing needs of others in this locality and across the world. From **Monday 14th October until Friday 18th October, every morning**, School Council will be accepting food donations onto trolleys placed at the entrance gates to school in aid of **The People's Kitchen**.

The foodbank gratefully receive all gifts, but items that would be of particular benefit to them at the current time, are listed in the poster you will have received through Weduc.

If you feel you are able to contribute, please do so during that week. All donations will be collected by the People's Kitchen on Friday 18th October.

Thank you for your continued support; together I know we can make a big difference.

Lucy Oades (Raising Aspirations, Careers and Enterprise Lead)



Year 1 Out & About in Jesmond!



Over the last couple of weeks, Year 1 have been having lots of fun exploring their local area whilst being Geographers and Scientists. First, they took on the role of Geographers and completed some fieldwork in Jesmond. They worked together to read their maps and enjoyed guiding their teachers around all the sights of Jesmond (even in the wind and rain). They did a great job working out what the different symbols on their map represented such as a church, cafe or shop. They were particularly excited to see West Jesmond Metro station and even got to hear the train's horn! They then became Scientists on our Seasonal Change Walk (also in the wind and rain!) to the Orchard. The Year 1s enjoyed collecting different items that they thought were 'signs of autumn'.

Apple Festival and Jesmond Community Orchard Apple day

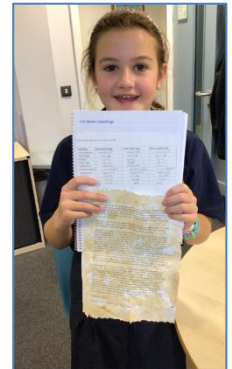
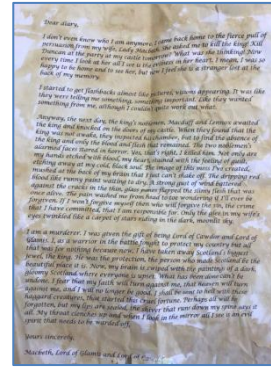
Y4TC enjoyed a fantastic Apple Festival laid on by our amazing allotment volunteers (in school, unfortunately, because of the rain). We learnt about the history of apples and some of the stories they feature in; we compared the taste of different types of apple; enjoyed apple sauce and chutney and got very wet apple bobbing - a traditional game where you try to catch a floating apple with your teeth!



This Saturday there is a very tasty community event for all the family. The tireless team who run the Jesmond Community Orchard (In the cemetery behind our school) are holding their annual Apple Day. Many of our families go every year and I hope many more will this year. There are games, stalls, apple identification, juicing and the chance to taste some unique apple flavours! Hope to see you there!

Shakespearean Author

A very talented year 6 writer shared with us her diary entry from the point of view of Macbeth. We enjoyed the vivid description, in-depth understanding of the play and the character of Macbeth and the wonderful range of language and control of language!



Ancient Egyptian Architect

We would also like to share an amazing model of the pyramids created by one of our Year 6 children as part of her Egyptians homework. If you look closely you will see the incredible intricate detail. We're all amazed by it and so proud of you.

Reminder: West Jesmond Junior Park Run Take Over!

West Jesmond will be taking over the [junior parkrun UK](https://www.parkrun.org.uk) on The Town Moor on Sunday 20th October at 9am. We would love to have as many West Jesmond families taking part as possible. To join us, all you need to do is register for free at <https://www.parkrun.org.uk/register/> or bring along your existing Park Run bar-code.

TOWN MOOR junior parkrun

What is Town Moor junior parkrun?
It is a 2k run for kids 4-14 year olds.

When & Where is it?
It is held every Sunday at 9:00am,
Newcastle Town Moor (west of Exhibition Park)

What does it cost to join in?
Nothing - it's free!
but you need to register online before your first run.
www.parkrun.org.uk/register

Dont forget your barcode

Parent Consultations

We look forward to seeing lots of you at our Parent Consultations next week. Please make sure you have signed up online. If you have any trouble making an appointment speak to the school office.

Raising Money For Our School

You can support the Friends of West Jesmond by using Easyfundraising when you shop online:

easyfundraising

See your favourite brands donate to us whenever you spend with them

Find out more

GROUPON, JD WILKINS, ebay, ASDA, SWITCH, BT, Booking.com, M&S, BOEN, sky, ASOS, Uber Eats, VIKING, MIA, Apple, Sainsbury's, ASDA, ASDA online brands

Have a lovely weekend everyone!

Matt Ward (Headteacher)

Dates for Your Diary

Black History Month



Next Week:

- ❖ Tuesday 15th October Year 5/6 Girls Football Match
- ❖ Tuesday 15th and Thursday 17th October Parent Consultation Meetings 3.30 - 6pm
- ❖ Thursday 17th October Year 6 Trip to Safety Works
- ❖ Friday 18th October Year 4 Apple Juicing
- ❖ Sunday 20th October WJPS @ Junior Park Run

Further ahead

- ❖ Week Beginning 21st October Local Study Week
- ❖ Thursday 24th October Friends Yr. 5/6 Halloween Disco
- ❖ Friday 25th October Break up for half term

- ❖ Monday 4th November School Closed for Staff Training
- ❖ Tuesday 5th November Back to school
- ❖ 20th – 22nd November Year 6 Lockerbie Residential Visit
- ❖ Friday 29th November Friends Christmas Fair (from 3.15pm)

- ❖ Friday 20th December End of Term

- ❖ Monday 6th January Start of the Spring Term

