

#### West Jesmond Primary Newsletter 4 Autumn Term 2024

Dear Children, Parents and Carers,

# Children's Mental Health and Wellbeing: World Mental Health day October 10th

Last week, we talked to you about some changes to our Wellbeing support team. We are increasingly aware of the pressures and worries that some children may have and, as a school, we look to develop and grow the support we can offer as well as to review aspects of our daily practice.

One part of this approach is to raise awareness across our school community through events such as World Mental Health Day this term and Children's Mental Health Week in the spring.

World Mental Health Day is celebrated each year on 10<sup>th</sup> October. The day

provides an opportunity to come together to talk about mental health and show everyone that mental health matters. This year, to raise awareness, we would like to invite the children to come to school wearing something yellow on Thursday 10<sup>th</sup> October. We will be joining many others who come together to make World Mental Health Day that little bit brighter by wearing something yellow! (Don't worry if like Mr Ward you don't have many yellow items of clothing – small accessories, ribbons... are great!) Throughout the week we will be giving assemblies and completing activities to support our children in looking after their mental health.

#### School Allotment: Can You Help?

Thank you to all the parents who accompanied Reception on their first visit to the allotment this week. For all of our new parents, our allotment is a very important part of the provision for our children at West Jesmond. An incredible team of volunteers work on the allotment and with our children throughout the year to create a unique and very special learning space. The volunteers are always looking for new people to join them. You don't need to be gardening experts and would need

to spare a couple of hours a week to join in with the growing and learning alongside our children. If any parents, grandparents or friends are interested, please speak to the school office and we will pass your details on to the Allotment Team.

#### **Reception 2025 Parent and Carer Tours of School.**

We are starting our tours for families who are choosing schools for Reception 2025. If you know any families who have children at a Nursery and are joining Reception in 2025, please tell them to look on the website or contact the school office to book a visit.

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# Meet The Team Welcome Coffee Morning for Reception Parents And All New Parents

We would like to invite our Reception families and families new to our school to come into the hall after drop-off on **Tuesday 1<sup>st</sup> October** for a coffee morning. This will be a nice opportunity to spend some time with other families and to meet members of our wider school team. Our SENCo (Special Educational Needs Coordinator), Gemma Jordan, Family Support Officer, Emma Clark, Wellbeing leads Rachael Spanner and Jacqui Nicholson, Officer Manager Sarah Waters as well as members of the Leadership team will be there to talk about their roles in school and to answer any questions you may have.

### **Clubs and Sports**

Thank you to everyone who has signed up for our sports clubs so far this year. School is bursting with activity before the start of the day, at dinnertime and at home time! Please speak with the school office to find out about spaces and waiting lists. **Remember, if your child is eligible for Free School Meals, the school will pay for any club that has a fee**. **Please Note Taekwondo is not on next Thursday.** 

#### **Well Done Alexander**

We want to share exciting news from one of our Year 4 children. Last week, Alexander competed in the northern round of the GB climbing series. It saw competitors from as far as Penrith and Edinburgh come and try eight boulder problems in two hours at Friction bouldering in Gateshead. Each climb tested an aspect of balance, coordination, strength, route reading and control. He managed 2nd place climbing 7 of the eight climbs. On Sunday 29th his next competition in Kendal. You can find out more about Alexander's climbing by following @ladhaboys on Instagram. (Larger followings help attract sponsorship and fund travel and entry fees!).



#### **Girls' Football Team**

Well done to our Year 5/6 Girls' football team for their efforts this week. They competed in the first round of their league and made us very proud with their effort, sporting attitude and teamwork!

#### **Year 6 Scientists**

Year 6 wanted to share some of their scientific study.

After researching Carl Linnaeus, they have been using their observation and sorting skills to look at the similarities and differences in leaves.





# Year 6 Parents and Carers Support For Secondary School Applications

On Tuesday 8th October at 9am we have a senior officer from Newcastle City Council hosting a drop in session to help with secondary school applications. You are welcome to come into school via the main entrance and they will be on hand to guide you through the process. There will be computers available so that you can complete the process on the morning or if you have any questions, they will be able to offer advice.

# **Reminder: One World One Family Indian Festival**

Last week we told you about the Indian music, dance and drama festival. Tickets are now on sale for this exciting event taking place on the 13<sup>th</sup> October and involving many West Jesmond children and families!



# **Friends of West Jesmond**

Next Friday, all parents and carers are invited to the Friends' Annual General Meeting

Look out for another special Friends event coming up this half term as they are holding a rather spooky **Halloween Disco** for Year 5 and Year 6!



Have a lovely weekend everyone!

Matt Ward (Headteacher)

# Dates for Your Diary

Next Week:

Tuesday 1 <sup>st</sup> October	Reception Parents Meet The Team Coffee Morning 9am
Wednesday 2 <sup>nd</sup> October	Archaeologist Visiting Year 4
	Jesmond Park Academy Open Evening
	Year 7 Open Evening Wednesday 2nd October 5:00pm to 7:30pm
Thursday 3 <sup>rd</sup> October	2W visit to Newcastle Quayside Lockerbie Residential Parents Info Meeting
Friday 4 <sup>th</sup> October	Year 6 to Great North Museum Friends AGM 9.15am
Further ahead	
✤ Monday 7 <sup>th</sup> October	R3 Mastering Number parent workshop
Tuesday 8 <sup>th</sup> October	Secondary Schools Admissions Drop-In
	R1 Mastering Number parent workshop
Wednesday 9 <sup>th</sup> October	R2 Mastering Number parent workshop 2D visit to Newcastle Quayside
✤ Thursday 10 <sup>th</sup> October	World Mental Health Day
	2V visit to Newcastle Quayside

# Tuesday 15<sup>th</sup> and Thursday 17<sup>th</sup> October Parent Consultation Meetings 3.30 - 6pm

*	Week Beginning 21 <sup>st</sup> October	Local Study Week
*	Friday 25 <sup>th</sup> October	Break up for half term
*	Monday 4 <sup>th</sup> November	School Closed for Staff Training
*	Tuesday 5 <sup>th</sup> November	Back to school
*	20 <sup>th</sup> – 22 <sup>nd</sup> November	Year 6 Lockerbie Residential Visit
*	Friday 29 <sup>th</sup> November	Friends Christmas Fair (from 3.15pm)
*	Friday 20 <sup>th</sup> December	End of Term
*	Monday 6 <sup>th</sup> January	Start of the Spring Term