



## WJPS Parents' SEND Newsletter March 2025

Dear Parents and Carers,

Thank you to those of you who attended our Ouseburn Learning Trust coffee morning at Ravenswood on the 13<sup>th</sup> of March, we were lucky to have had a range of representatives from different organisations, including Dawn Robson, the Designated Clinical Officer for SEND for Newcastle and Gateshead, our SEMH Team and NAPI.

Amy Lowther, the SENCo at Ravenswood did a really informative talk at the beginning, highlighting many of the things we do in school for many of our children that really help support them. Some of these were things that help to reduce anxiety for our children, helping them to become and stay regulated so that in turn, they are able to manage their time in school in a range of ways. Some of the resources or activities Amy talked about and had available for parents to take away were things such as First and Then boards, different visual supports like visual timetables, different breathing techniques and grounding activities. If there are any of these you would like more information on, please get in touch as I am happy to go through any of them with you or provide a bit more information.

Another thing that was available for parents to take away was a 5 Quick Wins for Home handout for parents. This is attached this newsletter for anyone who wasn't able to attend.

Following on from the Ouseburn Learning Trust coffee morning, as was mentioned in last month's newsletter, we are also hosting our second Parent Carer Forum led coffee morning so just a reminder to please come along to that on **Tuesday 25<sup>th</sup> March at 9:15-10:15 am.**

### Neurodiversity Celebration week

Next week it is Neurodiversity Celebration Week and this will be the theme for the assemblies within school throughout the week. There will also be lessons happening throughout the school. Some of the themes of these assemblies and lessons will be looking at what neurodiversity means and celebrating the fact that everybody's brain is different. There will also be some children who will look at fairness and equity and what that looks like in terms of neurodiversity, as well as discussing the difference between needs and wants.

At West Jesmond, celebrating neurodiversity and children who are neurodivergent is something that happens every day, however, it is always beneficial to allow more dedicated time for children to learn and reflect. It is so important for us all to understand what neurodivergent means and how it can look and feel very different depending on the need and the individual. Please feel free to continue these conversations at home.

One website that might be useful to some of our parents is Autism Understood, which is a website about autism for autistic young people. I have added the link below.

<https://autismunderstood.co.uk/>

### Parent Consultation Evenings

As well as Neurodiversity Celebration Week, there are also parent consultations on Tuesday and Thursday. This will be an opportunity for you to discuss your child's progress, but if you have any SEND questions, please speak to your child's class teacher, and if you feel you need more time and would like to speak to me, I will be around during those evenings, but I am also happy for you to make an appointment at an alternative time if needed.

## Video links with grounding techniques to support them to feel regulated

<https://youtu.be/5YtnpPPnqaY>

<https://www.youtube.com/watch?v=30VMIEmA114>

<https://www.youtube.com/watch?v=70j3xyu7OGw>

<https://www.youtube.com/watch?v=UEuFi9PxKuo>



Gemma Jordan - Special Educational Needs Coordinator (SENCo)

**Phone:** 0191 281 0000

**Email:** [gjordan@westjesmond.newcastle.sch.uk](mailto:gjordan@westjesmond.newcastle.sch.uk) or [SEN@westjesmond.newcastle.sch.uk](mailto:SEN@westjesmond.newcastle.sch.uk)

**School Website** <https://www.westjesmondprimary.org.uk/web/>



Newcastle Special  
Educational Needs and  
Disabilities Information,  
Advice and Support  
Service

**SENDIASS**

0191 2116255

<https://www.newcastlesendiass.co.uk/>



[Listen and translate](#)

[Register](#) [Log in](#)

## Newcastle Support Directory

Search this site



Activities(615)

Childcare(236)

Education(139)

Information, Advice and Guidance(337)

Support Directory(470)

<https://www.newcastlesupportdirectory.org.uk/?localofferchanne=>



**NEWCASTLE  
LOCAL OFFER**



Click on the links below to find out more about recent news and local events for children, young people and families with SEN.

<https://www.newcastlesupportdirectory.org.uk/node/4049>