

West Jesmond Primary Newsletter 6 Autumn Term 2026

Dear Children, Parents and Carers,

Parent Consultations Next Week

Once again, sorry for the technical delay in the sign up forms going live last week. We hope everyone has now been able to sign up for the parent consultations. If you have not managed to arrange a time, please speak with the school office.

Children's Mental Health and Wellbeing: World Mental Health day October 10th



There was a lot yellow in school today to help us think about World Mental Health Day. Assemblies and class talks have been all about the importance of trying to look after our mental health as well as our physical health. We talked about how some of our regular routines can help us. These might include playing with friends, being outside in nature, healthy sleep patterns, singing, reading, and relaxing. We also talked about how sometimes it is also very important to talk to trusted adults at home or at school about our feelings. Our Zones of Regulation approach is one of the ways that we support children to identify how they are feeling. If anyone wants to donate to the Young Minds Mental Health Charity, the link is **YoungMinds - Lucy Edwards**

Year 3 Geographers

Year 3 were fantastic geographers this week and did some fieldwork around our local area. We discovered that we live in a very urban area, but with some lovely green spaces and we investigated the physical and human features that we could spot around Jesmond. We found out that our school is in a highly populated area with lots of shops, houses and facilities. We also conducted a transport survey. Ask us all about it!







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STEMfest 2026



We had a brilliant and action packed day at STEMfest at Vertu Motors Arena this week! We met people with careers across all sectors of STEM. There was so much to see and do in every zone, but definite highlights for us were meeting and playing with the robot dog and puppies, battling it out in Battlebots, meeting the Climate Ambassadors, computer programming, using the VR headsets, making our own windmills and building and testing our own LEGO cars in a race! Phew!






Jesmond Orchard Apple Day This Saturday

One of our favourite community events is happening this weekend! Jesmond Community Orchard's Apple Day celebrations will be this Saturday, October 10th , from 1 – 3.30pm! You can find the orchard behind our school in the top corner of the cemetery. Have a go at making apple juice, yield to temptation at the tasty cake stall, marvel at the fantastic display of apple varieties – and bring your own puzzling 'mystery' apples (with twig & leaves) for identification. There will be musicians, children's crafts, ice cream and an interesting range of small fruit trees plus Swedish Candles, bottled juice and more on offer: something for everyone! Bring a clean bottle if you'd like to take away some juice!



Football Team News

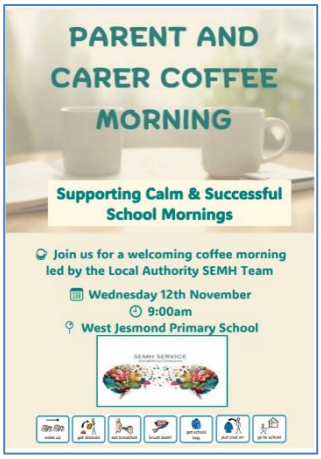
Our Year 6 Boys football team took part in the Bob Maddison Cup on Thursday evening at Gosforth Junior High Academy. It was a fantastic game to watch. After full time the game finished 2-2. This made the game go into extra time. West Jesmond won the game 3-2 after extra time was played and will progress to the next round of the cup. Well, Done Boys!!!

The Year 5/6 girls football team were also in action this week. They played their first Girls Central League fixtures. The team played some great football in the very tight fixtures drawing three games and narrowly losing their other game. Both our boys and girls football teams are looking forward to their remaining fixtures over the next few months. Great Work everyone!




Parent and Carer Coffee Morning

We welcome all parents to another of our West Jesmond Inclusion team coffee Mornings on Wednesday 12th November. The theme for the morning will be looking at how, as parents, we can help our children during, what can be busy and sometimes challenging mornings getting ready for school. The excellent Newcastle Social, Emotional & Mental Health team will be at the coffee morning to give great advice and ideas about routines and how we can create calm and successful mornings.



WJPS Weekly Achievers

This week, we celebrate a super swimmer, a very agile gymnast, a proud rugby player and a fantastic piece of Quayside homework with a fully moving swing bridge! Well done everyone!









Have a lovely weekend everyone!

Matt Ward (Headteacher)

Dates for Your Diary

Next Week:

❖ Monday 12th October	Year 5/6 Football Team match Vs Hotspur
❖ Tuesday 13th October	Parent Consultations
❖ Wednesday 14th October	Parent Consultations R1 and 3GJ
❖ Thursday 15th October	Parent Consultations Year 4 Royal Ballet Workshop
❖ Friday 16th October	Team GB Athlete Visit Year 6 Great North Museum Workshops Friends Pumpkin Sale Cake Stall 6C

Further Ahead

❖ Week Beginning 19th October	Local Study Week
❖ Friday 23rd October	Break up for half term
❖ Monday 2nd November	Back to school
❖ Thursday 12th November	Parent & Carer Coffee Morning
❖ Friday 27th November	Friends Christmas Fair
❖ Tuesday 8th December 9.15am	Reception Christmas Show
❖ Wednesday 9th December 9.15am	Reception Christmas Show
❖ Thursday 10th December	Year 2 Christmas Show 9.15am & 2pm
❖ Friday 11th December	Year 1 Christmas Songs and Crafts
❖ Wednesday 16th December 2.30pm	Key Stage 2 Winter Songs on the yard
❖ Friday 18th December	End of Term
❖ Monday 4th January	Start of the Spring Term

